

# CURRICULUM VITAE

## Personal information

Surnames / First name: **Collgros Totosaus, Helena**  
Place of birth: Terrassa (Barcelona), Spain  
Date of birth: 5<sup>th</sup> March 1985  
Nationality: Spanish



## Academic background

2003-2009 Bachelor of Medicine and Surgery, faculty of Medicine, *Universitat Autònoma de Barcelona*. Medicine Graduate by the *Universitat Autònoma de Barcelona*. Grades: Outstanding- Honours (2009).  
January-2010 Medical Specialization State Exam (MIR). Position 275 from 13215 applicants. (There were 6661 positions available for medical specialization, 83 for dermatology). Accepted to pursue the specialty of Dermatology and Venereology at the *Hospital Universitari Sagrat Cor*, Barcelona.  
2010-2014 Specialist in Dermatology and Venereology (completion date: May/2014). *Hospital Universitari Sagrat Cor*, Barcelona.  
Awarding body: Ministry of Education, Culture and Sport.

## Training in dermatology

**May.2010 - May.2014: Dermatology Registrar.** Department of Dermatology, Sagrat Cor University Hospital (HUSC), Barcelona. I worked full time at the hospital (40h/week, 46-47 weeks/year).

### External rotations included in the four year Dermatology training:

- January-March 2012 (2 months): Rotation in the Dermatology Department at the Hospital Clinic Provincial of Barcelona in the following units: Porphyrias (Dr. Herrero), autoimmune, blistering and connective diseases (Dr. Herrero, Dr. Iranzo) Lymphomas (Dr. Estrach), Melanoma (Dr. Malvehy, Dr. Puig).
- April-July 2013 (3 months): Rotation with Dr. Pascale Guitera in Sydney (Sydney Melanoma Diagnostic Centre at the Royal Prince Alfred Hospital and Melanoma Institute Australia at The Poche Centre).
- September-October 2013 (2 months): Rotation in Paediatric Dermatology Department at the Hospital Sant Joan de Deu, Barcelona.
- February 2014 (1,5 months): Rotation in Sexually Transmitted Diseases Unit, at a Primary Care Center (Hospital Vall d'Hebron), Barcelona.

**June 2014 – September 2014** (4 months): After finishing the registrar training, voluntary fellowship at the Melanoma Unit, Hospital Clinic of Barcelona (Dr. Malvehy, Dr. Puig, Dr. Carrera).

## Professional experience

Dates	July 2011 – May 2014
Title of the position	<b>Supervised Dermatologist</b> Part-time (4h/week).
Facility	Corachan Clinic. <i>Instituto Dermatológico Pablo Umbert</i> . 19 Buïgas Street, 08017 Barcelona. Phone 0034 932545800
Dates	September 2011 – September 2013
Title of the position	<b>Supervised Dermatologist. Digital Dermoscopy Unit (MoleMax®).</b> Part-time (4h/week).
Facility	Digital Dermoscopy Unit, Department of Dermatology, Sagrat Cor University Hospital ( <i>Hospital Universitari Sagrat Cor</i> ), 83-87 Paris Street, 08029 Barcelona. Phone 0034-933214998
Dates	September 2012 – April 2014
Title of the position	<b>Supervised Dermatologist.</b> Part-time (4-5h/week).
Facility	Dr. Salleras Dermatology Private Practice - 2 Castellnou Street, 08017 Barcelona. Phone 0034 932033415. Email: salleras_m@yahoo.es

Dates	April 2014 – November 2014
Title of the position	<b>Dermatologist.</b> Part-time (8h/week)
Facility	Clínica del Vallès. 23 Passeig Rubio i Ors, 08203 Sabadell (Barcelona). Phone 0034 902107112
Dates	May 2014 – November 2014
Title of the position	<b>Dermatologist.</b> Part-time (4h/week)
Facility	Department of Dermatology, Sagrat Cor University Hospital ( <i>Hospital Universitari Sagrat Cor</i> ), 83-87 Paris Street, 08029 Barcelona. Phone 0034-933214998
Dates	May 2014 – October 2016
Title of the position	<b>Dermatologist. Private practice.</b> Part-time (4h/week)
Facility	Corachan Clinic. <i>Instituto Dermatológico Pablo Umbert</i> . 19 Buïgas Street, 08017 Barcelona. Phone 0034 932545800
Dates	May 2014 – July 2016
Title of the position	<b>Dermatologist. Private shared practice with other dermatologists.</b> Part-time (4h/week)
Facility	Instituto de Dermatología Avanzada (IDERMA) – University Hospital Quirón-Dexeus. 5-19 Sabino de Arana Street, 08017 Barcelona. Phone 0034 934091515
Dates	November 2014 – October 2016
Title of the position	<b>Dermatologist (Public Health System).</b> Full time job (40h/week).
Facility	University Hospital Germans Trias i Pujol (Catalan Institute of Health). Carretera de Canyet s/n. 08916 Badalona (Barcelona). Phone 0034 934978813. Email (Dr. C. Ferrándiz, Chief of Department): cferrandiz.germanstrias@gencat.cat
Dates	November 2016 – Present time
Title of the position	<b>Dermatologist. Research Fellow.</b> Full time job (40h/week).
Facility	Sydney Melanoma Diagnostic Centre, Royal Prince Alfred Hospital. Level 2 Gloucester House, Missenden Road, 2050 Camperdown (Sydney), NSW, Australia. Phone: +61-0295158537

## Awards and Grants

- **Grant** to assist to the III International meeting of Dermatology registrars, CILAD, Cádiz (November 2011)
- **Second award for the best oral communication:** “*Dermanyssus gallinae*: “poultry mite”: Underdiagnosed infection in our environment”. **Collgros H**, Iglesias-Sancho M, Aldunce MJ, Expósito-Serrano V, Fischer C, Lamas N, Umbert-Millet P. Oral communication at the Joint meeting of Catalan-Valencian-Balearic Dermatology of the Spanish Academy of Dermatology (AEDV). Valencia (February 2012).
- **Second award for the best poster presented on Trichology.** “Frontal fibrosing alopecia: clinical singularities (occipital affection) and dermoscopic study in 30 patients”. Expósito V, Iglesias M, Solá A, Fischer C, **Collgros H**, Lamas N, Aldunce MJ, Umbert P. Poster presented at the 40<sup>th</sup> National Congress of Dermatology, Oviedo (June 2012).
- **Grant** to assist to the I Intensive Course for Registrars Latinaderm Excellence 2013, Buenos Aires (July 2013)
- **Third award for the best oral communication:** “Facial pigmented macules: diagnosis using dermatoscopy and confocal microscope”. **H. Collgros**, N. Lamas Doménech, MJ Aldunce Soto, M Salleras Redonnet. Oral communication at the VIII National Meeting of Dermatology Residents, Barcelona (September 2013)
- **Award for the best dermoscopy photo contest:** “Bright stars on the daylight sky (lichen planus)”. Rivera N, **Collgros H**. 44<sup>th</sup> National Congress of Dermatology, Zaragoza (1-4.06.16).
- **First prize in dermoscopy contest.** Skin Cancer Workshop: What else? Barcelona (1-2.07.16)
- EADV Imrich Sarkany Non European Memorial **Scholarship** to attend to the 26<sup>th</sup> European Academy of Dermatology and Venereology Congress, Geneva, Switzerland (13-16.09.2017)

- **Grant “Fundación Piel Sana de la Academia Española de Dermatología y Venereología and Lilly”** to attend to the 26<sup>th</sup> European Academy of Dermatology and Venereology Congress, Geneva, Switzerland (13-16.09.2017)

### **Courses and meetings organized**

Member of the organizing and scientific committees of multiple meetings and conferences: the VIII National Meeting of Dermatology Registrars, Barcelona (September 2013); V Conference of Skin Cancer Prevention and Treatment, Barcelona (18.06.2015); XI Joint meeting of Catalan-Valencian-Balearic Dermatology of the Spanish Academy of Dermatology and Venereology, Barcelona (18-19.09.2015); X Conference of the Catalan Dermatology Society, Barcelona (18.09.2015); Course “Update in Dermatology 2015” of the Catalan Dermatology Society and the Catalan Section of the Spanish Academy of Dermatology and Venereology; Aesthetic Dermatology course – Hyaluronic acid fillers and botulinum toxin, Barcelona (12 December 2015); XI Conference of the Catalan Dermatology Society, Barcelona (20.05.2016); Course “Update in Dermatology 2016” of the Catalan Dermatology Society and the Catalan Section of the Spanish Academy of Dermatology and Venereology; VI Conference of Skin Cancer Prevention and Treatment, Barcelona (27.10.2016)

### **Courses and lectures given**

- 1st Formation Course: Dermatology for family doctors. Protocols in dermatology. I presented 2 sessions of clinical cases. Hospital Universitari Sagrat Cor, Barcelona (May 2012).
- Genodermatosis Seminar. Lecture to Medicine undergraduates (1.30h divided in 60 minutes theory and 30 minutes clinical cases’ discussion), *Germans Trias i Pujol Hospital campus, Universitat Autònoma de Barcelona* (March 2015)
- “II Update in Dermatology Course. Diagnostic clues and practical handling”. Intended for general practitioners. Hospital Universitari Germans Trias I Pujol. Conference presented: “Cutaneous conditions in high phototype patients and imported dermatosis”, Barcelona (June 2015)
- Genodermatosis Seminar: Neurocutaneous Syndromes. Lecture to Medicine undergraduates (1.30h divided in 60 minutes theory and 30 minutes clinical cases’ discussion), *Germans Trias i Pujol Hospital campus, Universitat Autònoma de Barcelona* (April 2016)
- “III Update in Dermatology Course. Diagnostic clues and practical handling”. Intended for general practitioners. Hospital Universitari Germans Trias I Pujol. Conference presented: “Basic Dermoscopy of non pigmented lesions”, Barcelona (May 2016)
- “I Protocols and algorithms in Dermatology for general practitioners”. Conference presented: “Frequent benign tumors”. Hospital Universitari Germans Trias I Pujol, Barcelona (14 and 21 June 2016)
- “Correlation between confocal microscopy and pathology for nevi”. The Australasian Melanoma Conference, Sydney (28-29 October 2016)
- “Skin Cancer Prevention in Australia. The SunSmart Campaign”. VII Conference of Skin Cancer Prevention and Treatment, Barcelona (29.06.2017)
- “Pigmented lesions vs melanoma: Diagnosis and treatment”. Australian Dermatology Nurses Association New South Wales State Education day, Sydney (14.10.17)
- Reflectance confocal microscopy symposium – “Mucosal melanocytic proliferations”. 9<sup>th</sup> World Congress of Melanoma. A Joint meeting with the Society for Melanoma Research, Brisbane, Australia (18-21.10.17)

### **Research projects**

Participation as an associate investigator in several psoriasis clinical studies and research carried out at the Dermatology unit, *Hospital Universitari Sagrat Cor*, Barcelona (2011- 2014) and at Sydney Melanoma Diagnostic Centre at the Royal Prince Alfred Hospital and Melanoma Institute Australia at The Poche Centre (2013). Participation as an associate investigator in several clinical studies and research carried out at the Dermatology unit, *Hospital Universitari Germans Trias I Pujol*, Badalona (2015- 2016)

### **Doctoral Thesis (PhD project)**

Title: Imaging techniques for pre- and intra-operative margin mapping and follow-up of lentigo maligna / lentigo maligna melanoma.  
(currently in progress)

## **Personal skills and competences**

Mother tongues

Spanish and Catalan

Other languages

**English:** Advanced-Proficiency level in understanding, speaking and writing.  
IELTS overall band score 8, CEFR Level C1 (Sept/2015)

**German:** Intermediate level in understanding, speaking and writing. German  
Advanced Level Certification of the EOI (*Escuela Oficial de Idiomas – Official  
Language School*), Level IV of V. 2008

**French:** Elementary level