

Personal information

Surnames / First name: **Collgros Totosaus, Helena**

1. Journal articles

(a) International publications

1. **Collgros H**, Iglesias-Sancho M, Aldunce MJ, Expósito-Serrano V, Fischer C, Lamas N, Umbert-Millet P. *Dermanyssus gallinae* "chicken mite": Underdiagnosed infestation in our environment. *Clinical and Experimental Dermatology*. 2013; 38:374-377.
2. **Collgros H**, Guitera P. Blue-grey pigmented lesions on trauma sites. *Medicine Today*. 2014; 15(3):61-63.
3. **Collgros H**, Iglesias-Sancho M, Aldunce MJ. Recalcitrant papules and plaques on perianal area and buttocks (Porokeratosis ptychotropica). *JAMA Dermatol*. 2014; 150(9):1007-8.
4. **Collgros H**, Guitera P. Pigmented macule on the nose: what is your diagnosis?. *Medicine Today*. 2014; 15(12): 65-68.
5. **Collgros H**, Guitera P. A pearly papule with arborizing vessels. *J Am Acad Dermatol*. 2015; 72(1S1):S25-S26.
6. Martín-Ezquerria G, Masferrer E, Masferrer-Niubò M, Ferran M, Sánchez-Regaña M, **Collgros H** et al. Use of biological treatments in patients with hidradenitis suppurativa. *J Eur Acad Dermatol Venereol*. 2015;29(1):56-60.
7. **Collgros H**, Iglesias-Sancho M, Galvany L. Dermoscopy of pigmented fungiform papillae of the tongue in an Indian girl". *Australas J Dermatol*. 2015 Aug;56(3):e81-2.
8. **Collgros H**, Vicente A, González-Enseñat MA, Azón-Masoliver A, Rovira-Zurriaga C. Childhood actinic lichen planus: four cases report in Caucasian Spanish children and review of the literature. *J Eur Acad Dermatol Venereol*. 2016 Mar;30(3):518-22.
9. **Collgros H**, Vicente A, Díaz AM, Rodríguez-Carunchio L, Malveyh J, Puig S. Agminated Cellular Blue nevi of the penis. Dermoscopy-confocal and histopathological correlation of 2 cases. *Clin Exp Dermatol*. 2016 Jul;41(5):490-4.
10. Maher N.G, **Collgros H**, Uribe P, Ch'ng S, Rajadhyaksha M, Guitera P. In vivo confocal microscopy for the oral cavity: Current state of the field and future potential. *Oral Oncol*. 2016 Mar;54:28-35.
11. **Collgros H**, Guitera P. Diagnosing basal cell carcinoma: what is the role for dermoscopy? *Medicine Today*. 2016; 17(3): 49-52.
12. **Collgros H**, Sola-Ortigosa J, Iglesias-Sancho M. Topical Diclofenac 3% Gel for Actinic Keratosis May Induce Terminal Hair in Male Androgenetic Alopecia: A Report of Three Cases. *Journal of Skin and Stem Cell*. 2016 December; 2(4):e33470.
13. "Use of *in vivo* reflectance confocal microscopy for the diagnosis of melanoma and melanotic macules of the lip". Uribe P, **Collgros H**, Scolyer RA, Menzies SW, Guitera P. *JAMA Dermatol*. 2017 May 3. doi: 10.1001/jamadermatol.2017.0504. [Epub ahead of print]

(b) National publications (Spain)

1. **Collgros H**, Sánchez-Regaña M. Ungueal dystrophies: Aetiology and new therapeutic approaches. (*Distrofias ungueales: Etiología y novedades terapéuticas*). *Revista Española de Podología*. 2011; 22(3):116-121.
2. Fischer-Levancini C, Sánchez-Regaña M, Llambi F, **Collgros H**, Expósito-Serrano V, Umbert-Millet P. Nail psoriasis: treatment with tazarotene 0.1% hydrophilic ointment. (*Psoriasis ungueal: tratamiento con ungüento hidrófilo de tazaroteno al 0,1%*). *Actas Dermo-Sifiliográficas*. 2012; 103(8):725-8.

3. Sánchez-Regaña M, Llambí F, Salleras M, Iglesias-Sancho M, **Collgros H**, Umbert-Millet P. The compounding in current dermatological therapeutics (*La formulación magistral en la terapéutica dermatológica actual*). *Actas Dermo-Sifiliográficas*. 2013; 104(9):738-56.
4. Fischer-Levancini C, Iglesias-Sancho M, **Collgros H**, Sánchez-Regaña M. Aseptic and Alopecic Nodules of the Scalp. *Actas Dermosifiliogr*. 2014;105:208-11.
5. **Collgros H**, Iglesias-Sancho M. Multiple cutaneous and uterine leiomyomatosis (MCUL) or Reed syndrome. Review (*Leiomiomatosis cutánea y uterina múltiple (MCUL) o Síndrome de Reed. Revisión*). *Piel*. 2014;29:567-73.
6. **Collgros H**, Iglesias-Sancho M, Tribó MJ, Salleras M, Umbert-Millet P. Multiple cutaneous and uterine leiomyomatosis or reed syndrome: a retrospective study of 13 cases. *Actas Dermosifiliogr*. 2015 Mar;106(2):117-25.
7. **Collgros H**, Lamas-Doménech N. Diagnostic and therapeutic techniques in lentigo maligna: an update. *Actas Dermosifiliogr*. 2015 Mar;106(2):135-6.
8. Lamas-Doménech N, **Collgros H**. Facial Erythema: Keys to the Differential Diagnosis. *Actas Dermosifiliogr*. 2015 Jun;106(5):427-429.

2. Books

(a) Chapters in international books

1. Guitera P, Collgros H, Wang S, Scolyer RA. Benign melanocytic lesions. In: *Melanoma Essentials. A Concise Guide*. E-Book (Stretch J, Smith JP, Varey A, Chakera A, eds), edition 1.0, Melanoma Institute Australia, July 2015; 27-49.
2. Guitera P, Menzies SW, Collgros H, Clinical and instrument-aided diagnosis *Melanoma Essentials. A Concise Guide*. E-Book (Stretch J, Smith JP, Varey A, Chakera A, eds), edition 1.0, Melanoma Institute Australia, July 2015; 104-119.

3. Web publications

1. **Collgros H**. Participation in the content and design of the Catalan Society of Dermatology website (2014-2016). Available at: <http://webs.academia.cat/societats/dermato/index.php>
2. **Collgros H**, Iglesias-Sancho M. Contribution to the “Wikiderma” section of the Spanish Academy of Dermatology and Venereology (AEDV) website, writing the topics:
 - Baldness or androgenetic alopecia (*Calvicie o alopecia androgenética*). Available at: <http://fundacionpielsana.es/wikiderma/calvicie-o-alopecia-androgenetica>
 - Minoxidil. Available at: <http://fundacionpielsana.es/wikiderma/minoxidil>

4. Active participation in scientific events

(a) Oral presentations (made personally)

1. **Collgros H**, Iglesias-Sancho M, Aldunce MJ. Red mite - *Dermanyssus gallinae*. III International meeting of dermatology registrars, hosted by the Ibero-Latin-American Dermatology Congress (CILAD), Cádiz, Spain, 3-5.11.2011
2. **Collgros H**, Iglesias-Sancho M, Aldunce MJ, Expósito-Serrano V, Fischer C, Lamas N, Umbert-Millet P. *Dermanyssus gallinae*: “poultry mite”: Underdiagnosed infection in our environment. X Joint meeting of Catalan-Valencian-Balearic Dermatology and Congress of the Valencian section of the Spanish Academy of Dermatology and Venereology (AEDV), Valencia, Spain, 24-25.02.2012. Second award for the best oral communication.

3. **Collgros H**, Iglesias-Sancho M, Serra J, Expósito V, Plana A, Fischer-Levancini C, et al. Facial poikilodermic plaque presenting for the last 3 years. Catalan Section of the Spanish Academy of Dermatology and Venereology (AEDV) and Catalan Society of Dermatology meeting, Barcelona, Spain, 29.03.2012.
4. **Collgros H**, Iglesias-Sancho M, Serra-Llobet J, Galvany L, Aldunce-Soto MJ, Umbert-Millet P. Gluteal and perianal lesions of difficult diagnosis. Catalan Section of the AEDV and Catalan Society of Dermatology meeting, Barcelona, Spain, 27.12.2012.
5. **Collgros H**, Lamas Doménech N, Aldunce Soto N, Salleras Redonnet M. Facial pigmented macules: diagnosis using dermatoscopy and confocal microscope. VIII National Meeting of Dermatology Registrars, Barcelona, Spain, 20-21.09.2013. Third award for the best oral communication.
6. **Collgros H**, Iglesias-Sancho M, Creus-Vila L, Lamas-Doménech N, Olivé-Heras M, Melé-Ninot G, Salleras-Redonnet M. Multiple cutaneous and uterine leiomyomatosis or reed syndrome: 7 cases report. Catalan Section of the AEDV and Catalan Society of Dermatology meeting, Barcelona, Spain, 31.01.2014.
7. **Collgros H**, Sola-Ortigosa J, Iglesias-Sancho M, Umbert-Millet P, Melé-Ninot G, Olivé-Heras M, Salleras-Redonnet M. Erythematous violaceous papules and nodules grouped on the elbow. XXII International Meeting of Clinical Dermatology, Barcelona, Spain, 7-8.03.2014.
8. **Collgros H**. Registrars Interactive Session: "Differential Diagnosis on-line 2.0". 30 minutes interactive presentation of clinical cases, where assistants had to vote for the correct answer. Invited presentation at the 42nd National Congress of Dermatology and Venereology of the AEDV, Gran Canaria, Spain, 4-7.06.2014.
9. **Collgros H**, Carrascosa JM, Barboza L, Ferrándiz C. Management of nodular prurigo with phototherapy. Our experience. XXIX Meeting of the Spanish Group of Photobiology, Málaga, Spain, 6-7.02.2015.
10. **Collgros H**, Carrascosa JM, Barboza L, Ferrándiz C. Prurigo nodularis treated with phototherapy: Retrospective study. 43rd National Congress of Dermatology and Venereology of the AEDV, Sevilla, Spain, 13-16.05.2015.
11. **Collgros H**. Correlation between confocal microscopy and pathology for nevi. Invited presentation at The Australasian Melanoma Conference, Sydney, Australia, 28-29.10.2016.
12. **Collgros H**, Avramidis M, Guitera P. (Oral presentation by Guitera P.) Blue-grey pigmented lesions on trauma sites. 50th Annual Meeting of the Australasian College of Dermatologists, Sydney, Australia, 6-9.05.2017.
13. **Collgros H**. Skin Cancer Prevention in Australia. The SunSmart Campaign. Invited presentation at the VII Conference of Skin Cancer Prevention and Treatment, Barcelona, Spain, 29.06.2017.
14. **Collgros H**. Ex vivo confocal microscopy. The Melanoma Institute Australia 2017 Research Retreat, Sydney, Australia, 18.08.17.
15. **Collgros H**, Lo S, Guitera P. "Lentigo maligna in Australia: Characteristics and recurrence rates after 10 years of follow up". 26th European Academy of Dermatology and Venereology Congress, Geneva, Switzerland, 13-16.09.2017.
16. **Collgros H**. "Pigmented lesions vs melanoma: Diagnosis and treatment". Invited presentation at the Australian Dermatology Nurses Association New South Wales State Education day, Sydney, Australia, 14.10.17.
17. **Collgros H**, Uribe P, Maher N, Guitera P. Reflectance confocal microscopy symposium – "Mucosal melanocytic proliferations". Invited presentation at the 9th World Congress of Melanoma. A Joint meeting with the Society for Melanoma Research, Brisbane, Australia, 18-21.10.17.
18. **Collgros H**, Rodríguez Lomba E, Regio Pereira A, Dummond M, Guitera P. "Lentigo maligna and lentigo maligna melanoma characteristics, management and evolution: A 10-year retrospective study". 51th Annual Meeting of the Australasian College of Dermatologists, Gold Coast (19-22.05.18)

19. **Collgros H.** "The evidence for Total body photography and serial imaging". Invited presentation at the Australasian Skin Cancer Congress, Gold Coast (25-27.05.18)
20. **Collgros H, Guitera P.** "Lentigo Maligna RADICAL Trial". Invited presentation at the Australasian Skin Cancer Congress, Gold Coast (25-27.05.18)

(b) Poster presentations (first or last author)

1. **Collgros H, Sánchez-Regaña M, Dilmé E, Sola-Ortigosa J, Expósito-Serrano V.** Pitiriasis Rubra Pilaris: Which are the advantages of the biologic treatments compared to the classical systemic treatments? 39th National Congress of Dermatology and Venereology of the AEDV, Santiago de Compostela, Spain, 8-11.06.2011.
2. **Collgros H, Sánchez-Regaña M, Dilmé E, Sola-Ortigosa J, Expósito-Serrano V.** Pitiriasis rubra pilaris: What do biologic treatments offer compared to classical systemic treatments? III National Symposium of psoriasis, Zaragoza, Spain, 8.10.2011.
3. **Collgros H, Sánchez-Regaña M, Expósito-Serrano V, Fischer-Levancini C, Lamas-Domenech N, Aldunce-Soto MJ, Umbert-Millet P.** Ustekinumab for treating moderate-severe hidradenitis suppurativa. 40th National Congress of Dermatology and Venereology of the AEDV, Oviedo, Spain, 6-9.06.2012.
4. **Collgros H, Iglesias-Sancho M, Galvany L, Expósito-Serrano V, Fischer-Levancini C.** Dermoscopy of pigmented fungiform papillae of the tongue in an Indian girl. 21st European Academy of Dermatology and Venereology Congress, Prague, Czech Republic, 27-30.09.2012.
5. **Collgros H, Salleras M, Expósito V, Fischer C, Lamas N, Aldunce MJ.** Giant keloids in the lobes of the ears: treatment with electrocoagulation and serial corticosteroids infiltrations. VII National Meeting of Dermatology Registrars, Zaragoza, Spain, 5-6.10.2012.
6. **Collgros H, Sánchez-Regaña M, Expósito-Serrano V, Fischer-Levancini C, Lamas-Domenech N, Aldunce-Soto MJ, Umbert-Millet P.** Ustekinumab for the treatment of moderate-severe hidradenitis suppurativa. Presentation of 2 cases. IV National Symposium of psoriasis "Innovara", Malaga, Spain, 19-20-10.2012.
7. **Collgros H, Iglesias-Sancho M, Serra-Llobet J, Expósito V, Galvany L, Umbert-Millet P.** Porokeratosis ptychotropica responding to photodynamic therapy. 71th Annual Meeting of the American Academy of Dermatology, Miami, USA, 1-5.03.2013.
8. **Collgros H, Pigem R, Fernández-Figueras M, Mascró JM, Fuertes I, Malvehy J, Puig S.** Extramammary Paget's disease. Two cases assessed with reflectance confocal microscopy and treated with 5% topical imiquimod. 1st International Symposium of the International Confocal Working Group, Madrid, Spain, 10-11.06.2016.
9. **Collgros H, Uribe P, Ardigo M, Scolyer RA, Guitera P.** In vivo Reflectance confocal microscopy on the lip: From normal to sun damaged skin and non-melanocytic skin cancer. 50th Annual Meeting of the Australasian College of Dermatologists, Sydney, Australia, 6-9.05.2017.