

# Have you had a melanoma caught at an early stage?

You might be able to take part in the MEL-SELF trial

We are investigating a new way to provide follow-up care for people who have had early-stage melanoma.

Many melanomas are found by patients or family members in between doctor's visits. MEL-SELF aims to investigate the value of access to rapid dermatology advice using a smartphone app coupled with a special imaging device attached to your phone.

It would involve you taking photographs of skin lesions on your body with the device and uploading them to the app for a dermatologist to review remotely.

## Participants will be placed into one of two groups:

- Group 1 will continue their usual follow up and be taught techniques to self-examine their skin, and use their smartphone to send images of their skin to a dermatologist every 3 months between regular appointments.
- Group 2 will continue their usual follow up and be taught techniques to self-examine their skin.

## Ask your doctor for more information today

To speak to a MEL-SELF trial team member please contact Jake Williams at [jake.williams@sydney.edu.au](mailto:jake.williams@sydney.edu.au)

## Can I take part?

You may be eligible if you:

- Are aged 18 or over,
- Have had an early-stage melanoma that hasn't spread from the skin (in-situ, stage I or stage II)
- Attend regular follow up at this clinic
- Own a smartphone (Apple or Android)
- Have a partner, family member or friend who can help you examine your skin
- Did not participate in MEL-SELF pilot study



Participation in this study is entirely your choice and will not impact your care



Health  
Sydney  
Local Health District

This study has been approved by the Ethics Review Committee (RPAH Zone) of the Sydney Local Health District. Any person with concerns or complaints about the conduct of this study should contact the Executive Officer on 02 9515 6766 and quote protocol number 2019/ETH13612